

SHERI RILEY®

Empowerment Speaker | High-Performance Life Coach | Award-Winning Author

Sheri Riley spent 20 years creating marketing strategies for global superstars and companies like Toni Braxton, Converse, and WarnerMedia. Now, as an empowerment speaker, high-performance life coach, and award-winning author of **Exponential Living – Stop Spending 100% of Your Time on 10% of Who You Are** (Penguin Random House), she helps professional athletes, corporate executives, and entrepreneurs grow personally and dominate professionally. She speaks and trains at companies like the NBA, Chicago Bears, WNBA’s Indiana Fever, The Coca-Cola Company, and JP Morgan Chase on how to implement her 9 Principles of Exponential Living to enhance personal/professional development, leadership, and productivity.

Sheri Riley

Empowerment Speaker, High-Performance Life Coach, Author, Exponential Living - Stop Spending 100% of Your Time on 10% of Who You Are

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