

Empowerment Speaker | High-Performance Life Coach | Award-Winning Author

Dr. Sheri Riley spent 20 years creating marketing strategies for global superstars and companies like TLC, Toni Braxton, Converse, and WarnerMedia. Now, she serves as the Founder and President of Exponential Living®, a personal, professional, and leadership development company that empowers professional athletes, coaches, entertainers, corporate executives, and entrepreneurs to grow personally and dominate professionally.

As an empowerment speaker, high-performance life coach, founding member of John Maxwell's global Maxwell Leadership Certified Team, recipient of the Presidential Lifetime Achievement award, and award-winning author of **Exponential Living** – *Stop Spending 100% of Your Time on 10% of Who You Are* (Penguin Random House), she speaks and trains at companies like the NBA, Chicago Bears, Indiana Fever, The Coca-Cola Company, and JP Morgan Chase on how to implement her 9 Principles of Exponential Living to enhance self-awareness, leadership, and productivity.

Dr. Sheri Riley

Empowerment Speaker, High-Performance Life Coach, Author, Exponential Living - *Stop* Spending 100% of Your Time on 10% of Who You Are

