

SHERI RILEY®

Empowerment Speaker | High-Performance Life Coach | Award-Winning Author

Dr. Sheri Riley is a wife, mother, daughter, and entrepreneur. We know this is not easy, but she's figured out how to make it simple. After spending 20 years creating marketing strategies for global superstars and companies like Usher, WarnerMedia, and Converse, she now serves as the Founder and President of Exponential Living®, the premiere high-performance life coaching company for athletes.

As an empowerment speaker, high-performance life coach, award-winning author, founding member of John Maxwell's global Maxwell Leadership Certified Team, Sheri speaks and trains at companies like the Chicago Bears, NBA, NBA Coaches Association, NBA G League, Seattle Storm, Indiana Fever, The Coca-Cola Company, Universal Music Group, and JP Morgan Chase, to name a few.

Sheri received the Presidential Lifetime Achievement award. She serves on the Alumni Board of Directors for her alma mater, University of Louisville and is a member of Delta Sigma Theta Sorority, Inc.

Her book, **Exponential Living® - Stop Spending 100% of Your Time on 10% of Who You Are** (Penguin Random House), is a Porchlight Books Business Bestseller, nominated for an NAACP Image Award, garnered several self-help "Book of the Year" awards, and has been translated to French, Romanian and Vietnamese. John Maxwell featured an excerpt from **Exponential Living** in his New York Times Best Seller, **LeaderShift**, and interviewed Sheri for his New York Times Best Seller, **The Leader's Greatest Return**.

Sheri has been a contributor to Newsweek.com and has been featured on national media outlets like NPR, The Marie Forleo Podcast/MarieTV, The Steve Harvey Show, Huffington Post, and Essence, to name a few.

She travels around the world, sharing her message...Peace is the New Success®.

For More Information

SheriRiley.com

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