

SHERI RILEY®

Empowerment Speaker | High-Performance Life Coach | Award-Winning Author

Sheri Riley is a wife, mother, daughter, and entrepreneur. We know this is not easy, but she's figured out how to make it simple. After spending 20 years creating marketing strategies for global superstars and companies like Usher, WarnerMedia, and Converse, she now serves as an empowerment speaker, high-performance life coach, and award-winning author. She helps professional athletes, entertainers, corporate executives, and entrepreneurs grow personally and dominate professionally. She speaks and trains at companies like the Chicago Bears, NBA, NBA Coaches, WNBA's Indiana Fever, The Coca-Cola Company, Universal Music Group, and JP Morgan Chase on how to implement her 9 Principles of Exponential Living to enhance personal/professional development, leadership, and productivity.

Her book, **Exponential Living® - Stop Spending 100% of Your Time on 10% of Who You Are** (Penguin Random House), is a Porchlight Books Business Bestseller, nominated for an NAACP Image Award, and garnered several self-help "Book of the Year" awards, and has been translated to Romanian and Vietnamese. John Maxwell featured an excerpt from **Exponential Living** in his 2019 Best Seller, **LeaderShift**, and interviewed her for his 2020 Best Seller, **The Leader's Greatest Return**. She has been featured on national media outlets like The Marie Forleo Podcast/MarieTV, The Steve Harvey Show, NPR, Huffington Post, and Essence.

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Empowerment Speaker, High-Performance Life Coach, Author

Exponential Living - Stop Spending 100% of Your Time on 10% of Who You Are

For More Information

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